

EASY & DELICIOUS SCHOOL MEALS

Powering the potential of every student is our passion

At Aramark Student Nutrition, we believe that nutrient-packed, delicious meals fuel students for success. Our teams work tirelessly to ensure that students have access to fresh, craveable meals through creative recipes, conveniently served. Seasonal menus feature special promotions and partnerships with trusted brands to provide an ever-changing selection of exciting meals. We are looking forward to serving each and every student throughout the upcoming school year!



Meet your Aramark Student Nutrition Team:

Jenna Janson Food Service Director
Laura McGrath Food Service Supervisor

2023-24 Meal Prices:

Breakfast

Elementary: FREE

Middle: FREE

High: FREE

Adults: \$3.25

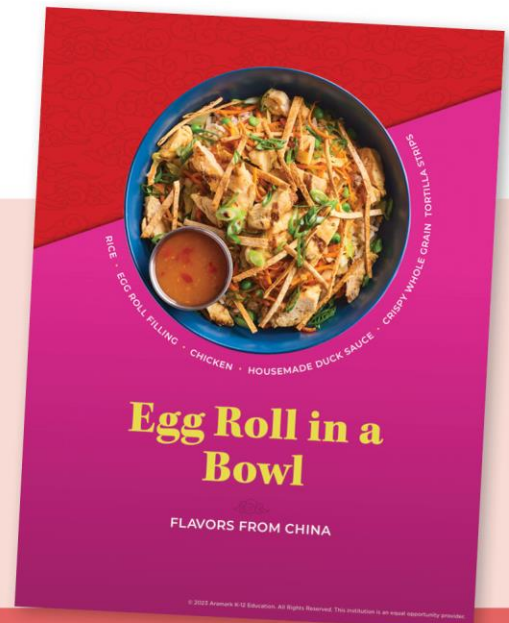
Lunch

Elementary: FREE

Middle: FREE

High: FREE

Adults: \$4.25



What's Cooking?

Bookmark this page for quick access to breakfast and lunch menus: www.Winthrop.k12.ma.us

Pay for Snacks(High School & Middle School only) or extra meals Through a My School Bucks Account

www.MySchoolBucks.com

- Quick and easy payment for extra school meals and a la carte purchases
- Ability to track purchases
- Receive low-balance reminders
- Option to automatically reload account funds

For additional details regarding Student Nutrition, visit
www.Winthrop.k12.ma.us

Where can I find menus?

You can access the breakfast and lunch menu at www.winthrop.k12.ma.us

What does a full meal include?

Breakfast menus offer a variety of entrees, fruit and milk selections daily. A student must take at least ½-cup fruit and two other items to make a meal.

Lunch menus include entrée choices ranging from hot feature items, grill favorites, vegetarian offerings, pizza, and more. School meals are delicious and nutritious, providing protein and grains, along with milk, fresh fruits and vegetables. To ensure balanced nutrition, students must take at least 1/2 cup of fruit OR vegetable plus two other foods (selecting from protein, grains, milk, fruit and vegetable) for a reimbursable meal when a choice is offered.

Will Student Nutrition accommodate my child's food allergy?

Food options are available that are made without the top nine allergens (wheat, egg, milk, soy, fish, shellfish, peanuts, tree nuts, sesame) and gluten. If your child requires dietary accommodation in the cafeteria, please contact the school nurse.

Is breakfast available for my child?

Free Breakfast is available at all schools. Check with your school's website for serving times.



For questions about the Student Nutrition program:
Please contact us at
617-846-5505 x7210